THE MEDITERRANEAN
Sea of Destiny
ATHENS TO NICE ABOARD THE ISLAND SKY

With Barry Strauss, Professor of History
April 27–May 10, 2015
DEAR CAU FRIENDS,

ALMOST COMPLETELY SURROUNDED BY LAND, the Mediterranean Sea has been influenced by a succession of different cultures that have populated its shores since ancient times, spreading and intermingling and leaving a legacy that includes Roman ruins throughout the region, Greek cities in Sicily, Arab architecture in Spain, and Islamic influences in Yugoslavia. An important route for colonization, trade, and war, the Mediterranean has also witnessed much turmoil throughout its history, as varying degrees of imperial greed and ambition led to the inevitable clashes over territory and resources.

During an 11-day cruise from Athens to Nice aboard the Island Sky, delve into the political, strategic, and cultural history of the Mediterranean Sea region. Visit important archaeological sites—including the Acropolis in Athens, legendary Troy, Hagar Qim and Tarxien on Malta, and Sicily’s Agrigento. Enjoy museums rich in ancient treasures, such as the new Acropolis Museum, whose glass floor allows visitors to view the site over which it is built, and the Punic Ship Museum in Marsala, which houses the earliest known warship, carbon-dated to 235 B.C. Visit military and naval battlefields where crucial clashes changed the course of history, and beautiful Greek temples in isolated glory far from their cultural origins.

Your experience on this Mediterranean voyage will be greatly enhanced by presentations from a stellar team of study leaders. Cornell’s own Barry Strauss is chair of the Department of History and a military historian specializing in ancient Greece and Rome. Adam Tooze teaches modern history at Yale and also focuses on the future of the Atlantic alliance. Colonel Kevin Weedle, ret., is a professor of military theory and strategy at the United States Army War College and a veteran of modern-day military encounters. And Harvard study leaders Dick Gross and Jill Mesirov are mathematicians who can talk about both Archimedes and ancient mathematics as well as genomics and modern medicine.

Cornell participants are sharing this adventure with travelers from Yale, Harvard, Princeton, and the Archaeological Institute of America, so please call 607-255-6260 today to secure your preferred cabin category.

Sincerely,

Cathy

Catherine Sutton Penner ’68
Director
Cornell’s Adult University
ADAM TOOZE teaches modern history at Yale. He is English by birth, was raised in Germany, and taught for 13 years at the University of Cambridge. He has published extensively on World War II, most notably his book *Wages of Destruction: The Making and Breaking of the Nazi Economy*. Prof. Tooze is currently finishing a book about the Atlantic world in the era of World War I, traversing the history, amongst others, of Britain, Ireland, France, and the United States. At Yale he serves as co-director of the Institute for Security Studies, where the history and future of the Atlantic alliance is one of his central preoccupations.

COLONEL KEVIN J. WEDDLE, RET., Professor of Military Theory and Strategy at the United States Army War College, is a veteran of Operations Desert Storm and Enduring Freedom. Col Weddle has led groups of visitors to significant battlefields and beachheads of World Wars I and II, as well as to crucial sites in centuries-earlier campaigns, such as Waterloo and Agincourt. He received his PhD from Princeton in history in 2003 and is the author of *Lincoln's Tragic Admiral: The Life of Samuel Francis Du Pont*.

BENEDICT (DICK) GROSS and JILL MESIROV are both mathematicians who work in different aspects of the field. Dick is the George Vasmer Leverett Professor of Mathematics at Harvard University. His interests are number theory and arithmetic geometry. He will discuss Archimedes and the mathematics of the ancient world during the cruise. Jill is associate director and chief informatics officer at the Broad Institute in Cambridge, Mass., where she focuses on cancer and infectious disease. She will discuss genomics and modern medicine on this program.

Visit the hilltop medieval town of Erice (cover) and the once major Mediterranean power of Siracusa (back cover) on the island of Sicily. This page explores the megalithic temple complex of Hagar Qim, a World Heritage site on Malta.
NOTE: Some days offer participants a choice of excursion options, noted as such in the daily descriptions.

MONDAY–TUESDAY, APRIL 27–28
HOME • ATHENS, GREECE
Depart home on an overnight flight to Athens. Upon arrival, transfer to the hotel for a welcome orientation and reception.

HOTEL GRANDE BRETAGNE (R)

WEDNESDAY, APRIL 29
ATHENS (EMBARK)
This morning explore the ancient Acropolis, the iconic citadel of Athens that contains many significant historical buildings, including the Parthenon; the Acropolis Museum, which is built over an extensive archaeological site that visitors can observe through a glass floor; and the Pireaus Archaeological Museum, whose collections include exquisite ancient bronze statues. Embark the Island Sky in the afternoon and begin your 11-night cruise. ISLAND SKY (B,L,D)

THURSDAY, APRIL 30
CANAKKALE, TURKEY • GALLIPOLI • TROY
Dock in Canakkale, a seaport located at the narrowest point of the Hellespont (Dardanelles) Strait.

OPTION 1: Visit the battlefields and cemeteries of Gallipoli, where a brutal conflict took place between Allied and Ottoman forces during World War I and where Kemal Ataturk forged his reputation as a defender of the Turkish motherland.

OPTION 2: Step back in time to the Bronze Age at the site of ancient Troy, where the Achaeans defeated the Trojans in the 12th century B.C. to avenge Paris’s kidnapping of Helen, Queen of Sparta, as dramatically recounted in Homer’s Iliad. Also explore the Canakkale Archaeological Museum, with exhibits of artifacts from Troy and Assos and from the tumulus at Dardanos. ISLAND SKY (B,L,D)

FRIDAY, MAY 1
AT SEA • CORINTH CANAL
Cruise back to Greece and transit the dramatic Corinthis Canal, whose steep limestone walls soar nearly 300 feet overhead. ISLAND SKY (B,L,D)

SATURDAY, MAY 2
PREVEZA • ACTIUM • NIKOPOLIS
This morning disembark the ship in Preveza to delve into the historic Battle of Actium, the decisive naval engagement between Octavian and the combined forces of Mark Antony and Cleopatra in 31 B.C. Climb the promontory overlooking the battle site where the Roman navy’s smaller and more nimble ships defeated Antony’s 500 heavy galleys and sent Queen Cleopatra and her paramour scurrying for Alexandria and ignominy. Also explore the archaeological treasures from Roman and Early Christian times at the new Nikopolis Museum. ISLAND SKY (B,L,D)

SUNDAY, MAY 3
SIRACUSA, SICILY • CATANIA
Once a powerful threat to the hegemony of Athens, Siracusa was founded around 734 B.C. by Greek Corinthians. Because of its strategic location, it was conquered and ruled by Romans, Saracens, Byzantines, Normans, and Ottomans, who left a combined legacy of temples, cathedrals, theaters, agoras, and amphitheaters that earned Siracusa UNESCO World Heritage status.

OPTION 1: Tour the archaeological park’s Roman amphitheater, Greek theater, rope makers’ grotto, and Dionysius’ Ear.

OPTION 2: Ascend the Epipoli uplands to the ruins of the Eurialo castle, a jewel of military engineering designed by Archimedes; make a brief stop at the Commonwealth War Cemetery in Siracusa; and visit the World War II Landings Museum and Primosole Bridge in Catania. Both groups will converge on the island of Ortigia, which separates Siracusa’s two harbors and is home to a 6th-century B.C. Temple of Apollo and a magnificent Baroque cathedral. ISLAND SKY (B,L,D)

MONDAY, MAY 4
VALLETTA, MALTA
Valletta, the capital of Malta and a UNESCO World Heritage site, was built by the Knights Hospitaler Order of St. John to defend against Ottoman invasions in the 16th century. Tour the Co-Cathedral and Baptistry (where Caravaggio’s masterpiece, The Beheading of St. John the Baptist, hangs) and the Palace of the Grand Masters, which currently houses the office of the president of Malta and the House of Representatives. Then visit the megalithic temple complexes of Hagar Qim and Tarxien, both UNESCO World Heritage sites, and the old capital of Malta. Mdina, often called the “Silent City,” Mdina displays a unique mix of Norman and Baroque architecture. ISLAND SKY (B,L,D)

TUESDAY, MAY 5
LICATA, SICILY • AGRIGENTO • PIAZZA ARMERINA
Disembark in the harbor of Licata for one of two excursions.

OPTION 1: Visit the Valley of the Temples in Agrigento, a UNESCO World Heritage site, where relics of classical Greece are among the best preserved in the world. Agrigento was founded in the 6th century B.C. and became a flourishing cultural center that gave the world Empedocles, the pre-Socratic philos-
opher and naturalist. Also visit the town of Piazza Armerina, celebrated for its exquisite Roman mosaics in the Villa Romana del Casale.

**OPTION 2:** Visit the beaches and battlefields where Lt. General Patton and Vice Admiral Hewitt led the American forces of Operation Husky during World War II. At the monument to the 82nd Airborne Rangers, lay a wreath in honor of the fallen, then return to the ship, stopping for a wine tasting in a viticultural region dating back to the 3rd century B.C. ISLAND SKY (B,L,D)

**WEDNESDAY, MAY 6**

**MARSALA = ERICE = SEGESTA**

**OPTION 1:** Ride a cable car to the medieval village of Erice, perched atop 2,500-foot-high Mt. Erice with a sweeping panorama of western Sicily and the Tyrrhenian Sea and a fascinating maze of cobbled streets. Continue to the Baglio Fontanasalsa farm for lunch and an olive oil tasting, then return to Marsala via the Salt Road, dotted with centuries-old windmills, to visit the Punic Ship Museum, installed in a traditional wine factory typical of the Marsala wine region of Sicily. The museum was created for the conservation and display of the Marsala Punic Warship, an ancient wooden oared vessel with 17 sweeps on each side that is believed to have participated in the First Punic War between Carthage and Rome. Enjoy a wine tasting at the museum, then take a walking tour to see where Garibaldi and his volunteer army of a thousand “Redshirts” conquered the larger and better equipped Bourbon forces. Just a year later, in 1861, the Kingdom of Italy was created.

**OPTION 2:** Visit the remarkably well preserved 5th-century B.C. Doric Greek temple at Segesta, which commands a stunning panoramic view of the surrounding landscape and the beautiful Golfo di Castellammare. Drive to nearby Erice to explore this charming medieval village’s collection of sixty churches, three Norman city gates, the Ballo Gardens, and the Peopli and Venus Castles. Before returning to the ship, visit the Punic Ship Museum in Marsala to see the Punic Warship and sample the local wines. ISLAND SKY (B,L,D)

**THURSDAY, MAY 7**

**AT SEA**

During a day of cruising, enjoy the ship’s amenities and the continuation of the lecture program. ISLAND SKY (B,L,D)

**FRIDAY, MAY 8**

**ANZIO, ITALY = NETTUNO = OSTIA ANtica**

Today honor the more than 7,800 American soldiers who are buried at the Sicily-Rome American Cemetery and Memorial in Nettuno with the laying of a wreath. Many of these troops participated in the unsuccessful and oft-criticized Operation Shingle, an Allied amphibious landing in the Italian Campaign against German forces in January 1944. Continue to the archaeological site of Ostia Antica, the location of the harbor of ancient Rome, renowned for its excellently preserved buildings, magnificent frescoes, and impressive mosaics. ISLAND SKY (B,L,D)

**SATURDAY, MAY 9**

**AJACCIO, CORSICA, FRANCE**

Ajaccio is the largest settlement on the island of Corsica, and the birthplace of Napoleon Bonaparte. At the Musée Fesch, which was established by Napoleon’s uncle, Cardinal Joseph Fesch, in the Palais Fesch, view an important Napoleonic collection and one of France’s finest collections of Old Masters. The north wing of the palace contains the 50,000-volume Fesch Library; the south wing houses the Imperial Chapel, where the cardinal and member of his family were laid to rest. Visit the Maison Bonaparte, now a small museum, and take a walking tour of World War II monuments that commemorate the action that took place in Ajaccio. Tonight enjoy the captain’s farewell reception and dinner aboard ship. ISLAND SKY (B,L,D)

**SUNDAY, MAY 10**

**NICE = HOME**

Disembark the ship and transfer to the airport for flights home. (B)
Originally built in 1992 and refurbished and redecorated in 2010, the Island Sky accommodates all guests in 57 outside suites, each with sea views, a sitting room area, flat-screen TV, safe, mini-refrigerator, and an en suite, marble-appointed bathroom with robe, slippers, and hairdryer. Several suites have private balconies. Spacious and finely decorated public areas include a large lounge and elegant bar and a library. The dining room accommodates everyone at one seating, and house wine, beer, and soft drinks are included at lunch and dinner. Wi-fi access is available throughout the vessel (at additional cost and dependent upon satellite reception). The ship amenities also include a hair dresser, onboard clinic and doctor, elevator serving all passenger decks, top deck with Jacuzzi, and rear sun deck with a bar. The Island Sky is served by 75 experienced officers and crew.

Program Rates Include
Comprehensive educational program by study leaders, on-site experts, and local guides / All accommodations and meals as specified in the itinerary / All excursions, including entrance fees, as specified in the itinerary / Scheduled group transfers on group arrival and departure days / Baggage handling / Gratuities to porters, wait staff, guides, drivers, and shipboard personnel for all group activities / Port fees and embarkation charges / Welcome and farewell wine receptions / Wine, beer, and soft drinks with lunches and dinners aboard ship / Bottled water on excursions / Complete packet of pre-departure information / Professional tour manager throughout.

AIRFARE
U.S. domestic and international airfare is not included in the program cost. Round-trip, economy-class airfare from New York to Athens, with return from Nice, is approximately $1,400 per person as of June 2014 and is subject to change without notice. In order to give you as much flexibility as possible with the variety of air travel options available, you are free to make your own air arrangements for this program.

WHAT TO EXPECT
This is a moderately active trip for travelers who are flexible, comfortable traveling with a group, and can handle the vagaries of travel with good humor. Navigating uneven terrain, walking on cobblestone pavement in small towns, and standing for up to two hours in museums or other sites are the most strenuous activities. Some locations may have stairs without handrails. In addition, travelers must be able to board the ship via a metal gangplank with rope handrails and get into/out of bobbing tenders for one shore excursion. Daytime temperatures during the trip will generally average in the mid-60s F, with infrequent rain.

Island Sky
GERERAL INFORMATION

PROGRAM RATES DO NOT INCLUDE
U.S. domestic and international airfare / Accident/Baggage/cancellation insurance / Passport or visa fees / Individual transfers, optional excursions, or deviations from the scheduled tour / Excess baggage charges / Immunizations and medical expenses / Meals not specified in the itinerary / Food and beverages not part of included meals / Gratuities for non-group services / Laundry or dry cleaning / Telephone, email, or fax charges / Room service / Other items of a purely personal nature or not specified as included.

INSURANCE
Travel insurance for trip cancellation and interruption, medical problems, baggage loss and delay, etc., is highly recommended. Trip cancellation policies that apply to this expedition are included in this brochure. Information about travel insurance will be sent to confirmed participants.

GROUP SIZE
This program is limited to 93 participants, including travelers from the Archaeological Institute of America, Cornell, Yale, Harvard, and Princeton.

TERMS & CONDITIONS

RESERVATIONS & PAYMENTS
To reserve space, return the completed reservation form with your $1,000 per person deposit to: Cornell’s Adult University, B20 Day Hall, Ithaca, NY 14853 or fax to 607-255-9697. Balance of payment is due December 29, 2014. We accept personal checks, payable to Criterion Travel, as well as VISA, MasterCard, American Express, and Discover. Reservations will be processed in order of receipt. By submitting your deposit and you are bound to the terms and conditions delineated throughout this brochure.

CANCELLATIONS & REFUNDS
Upon payment of a $1,000 deposit per person, all reservations are subject to the cancellation provisions set forth below and by which the passenger agrees to be bound. Cancellations shall not be effective until they are received in writing and confirmed by Cornell’s Adult University (CAU). Deposits are refundable (less a $250 per person administration fee) if written notice of cancellation is received within 30 days of reservation; after that, deposits are 100% nonrefundable. Final payment is due December 29, 2014 (120 days prior to departure). Cancellations within 120 days of departure are 100% nonrefundable. For this reason we strongly urge participants to purchase trip cancellation insurance. If the program is cancelled by CAU or Criterion Travel, the tour operator will receive a full refund without further obligation on our part. No refunds will be made for any part of this program on which you choose not to participate. NOTE: Neither CAU nor Criterion Travel accepts liability for any airline cancellation penalty incurred by the purchase of a non-refundable ticket in conjunction with this tour.

HEALTH
All participants should be in good health and capable of keeping up with an active group of travelers. By forwarding the deposit for passage, the passenger certifies that he/she does not have any physical or other condition or disability that would create a hazard for him/herself or other passengers.

ITINERARY
The itinerary presented for this tour is subject to modification and change by CAU and Criterion Travel. Every reasonable effort will be made to operate the program as planned; however, should unforeseen world events and conditions require the itinerary to be altered, CAU and the tour operator reserve the right to do so for the safety and best interest of the group. Any extra expenses incurred in this situation are the responsibility of the participant.

RESPONSIBILITY
Complete Terms & Conditions will be sent to participants upon confirmation and are available to prospective travelers upon request. As a condition of participation, each passenger will be required to sign a Release of Liability, which will be sent along with the Terms & Conditions.

California Seller of Travel Program CST #208880-40

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Please send your deposit check, payable to Cornell University, and this form to: Cornell’s Adult University, B20 Day Hall, Ithaca, NY 14853; Fax: 607-255-9697. For questions, please contact us at 607-255-6260.

NAME #1 (AS IT APPEARS ON PASSPORT)

NAME #2 (AS IT APPEARS ON PASSPORT)

STREET ADDRESS

CITY STATE ZIP

HOME PHONE MOBILE PHONE

EMAIL

PAYMENT
☐ Enclosed is my check for $_________ ($1,000 per person, made payable to Cornell University) to hold _______ place(s) on The Mediterranean: Sea of Destiny study tour program, OR
☐ Please charge my deposit of $_________ ($1,000 per person) to my
☐ VISA ☐ MasterCard ☐ American Express

NAME ON CREDIT CARD

CREDIT CARD NUMBER EXP DATE SECURITY CODE

SIGNATURE AS IT APPEARS ON CREDIT CARD

ACCOMMODATIONS
Cabin category preference: 1st ___________ 2nd ___________
Bed preference at hotel (not guaranteed): ☐ Two Beds ☐ One bed

SINGLE TRAVELERS
☐ I prefer to have single accommodations.
☐ I plan to share accommodations with
☐ I’d like to know about roommates. I am a ☐ Non-smoker / ☐ Smoker.
I understand that if a roommate cannot be located for me by the final payment date of December 29, 2014, I will pay the single rate.
☐ /We have read the Terms and Conditions section of this brochure and understand and agree with them as stated herein.

SIGNATURE

DATE

SIGNATURE

DATE
THE MEDITERRANEAN
Sea of Destiny
APRIL 27–MAY 10, 2015