Dear CAU Fans and Friends,

Long known as the “cradle of Western civilization,” Greece and the Peloponnesian Peninsula offer an ideal blend of history, diverse cultural legacies, stunning natural beauty, and architectural treasures. You’re invited to join us as we sail warm, azure waters and explore the cities and sanctuaries of ancient Greece.

After a night at the Hotel Electra Palace at the foot of the Acropolis in Athens, an overland journey takes us across the Corinth Canal to the spectacular Temple of Apollo and Nemea, where antiquity’s Nemean Games were held. Then, we board the elegant, privately chartered yacht Running on Waves for a seven-night cruise around the stunning, sun-drenched coast of the Peloponnesian Peninsula. Treasures of antiquity await with stops at Mycenae, whose impressive ruins once concealed the reputed mask of Agamemnon; the World Heritage site of Epidaurus and its spectacular theater; Monemvasia, a medieval fortress town that clings to an enormous rock; and mountainous Mystras, home of numerous medieval churches. We will trace the origins of the Olympic Games at ancient Olympia, probe the mysteries of the Oracle at Delphi, and cruise the Corinth Canal back to Athens. And should you wish to explore Athens further, a two-night optional pre-tour extension is available.

For expert insight and perspective on the history and literature of Greece, we will be accompanied by our faculty leader Michael Fontaine, Associate Professor of Classics and Acting Dean of the University Faculty at Cornell University. We are sharing the journey with members of the Dartmouth Alumni Association and the Santa Barbara Museum of Art. Their academic leader, Eric Frank, is well versed in classical art and architecture. Running on Waves has only 18 cabins, so to ensure your place on this program, we encourage you to contact us today!

Sincerely,

Catherine Sutton Penner
Director
Cornell’s Adult University
Michael Fontaine is Associate Professor of Classics and Acting Dean of the University Faculty at Cornell University. A specialist in Latin and Greek literature, he has published three books on the jokes and comedy of ancient Rome and Greece and many articles on classical Greek and Roman society. He regularly offers lively courses on Greek mythology and literature, including CAU seminars on Homer’s Odyssey and (in summer 2016) a new seminar on “The Greatest Hits of Greek Tragedy.” He is an alumnus of the American School of Classical Studies in Athens (2001) and serves on the advisory board of the Paideia Institute. In 2016 he will return to Italy as the Paideia Professor in Rome, where he teaches exceptional college students to converse in Latin amid the monuments and ruins of the eternal city. He lives in Ithaca with his wife, Alyssa, and two children.

Cornell Lecturer

Tour Highlights

Excursions to five outstanding World Heritage sites: Epidaurus, Mycenae, Mystras, Olympia, and Delphi.

Transit of the Corinth Canal, whose history extends back into classical times, including an unsuccessful attempt to build it in the 1st century AD.

Visits to Nemea, where in greek mythology Heracles overcame the Nemean Lion and where the ancient Nemean Games were played, and Olympia, birthplace of the Olympic Games.

Seven nights aboard the intimate, state-of-the-art Running on Waves, a privately chartered yacht built, appointed, and staffed at the highest levels of comfort and service.
Itinerary

THURSDAY–FRIDAY, MAY 19–20

Home / Athens
Arrive in Athens and transfer to your hotel located in the historic Plaka District at the foot of the Acropolis. Gather this evening for a welcome orientation and reception.

HOTEL ELECTRA PALACE (R)

SATURDAY, MAY 21

Corinth / Nemea / Nafplio (Embark)
History comes to life in ancient Corinth, left intact by the Romans when they redeveloped the city (once home to 100,000 citizens and 460,000 slaves) as their provincial capital in 44 BC. Among Corinth’s treasures is the well-preserved Temple of Apollo and its massive Doric columns. Continue to Nemea, site of the Sanctuary of Zeus, which was developed in the 6th century BC with the establishment of the Panhellenic Nemean Games. If time allows, wander picturesque Nafplio before boarding Running on Waves in the harbor situated beneath the stunning Venetian Palamidi Castle.

RUNNING ON WAVES (B,L,D)

SUNDAY, MAY 22

Mycenae / Epidaurus
Ancient Mycenae was regarded as merely a center of Bronze Age civilization known for its imposing structures and gold treasures. It was here that the reputed mask of Agamemnon was unearthed in 1876. Continue to the UNESCO World Heritage site of Epidaurus, known for its Sanctuary of Asclepius, the god of medicine, and its 15,000-seat theater, an acoustic marvel built in the 4th century BC. This evening, cruise along the scenic eastern shoreline of the Peloponnesian peninsula.

RUNNING ON WAVES (B,L,D)

MONDAY, MAY 23

Monemvasia
The medieval fortress of Monemvasia—the “Gibraltar of Greece”— is a massive rock rising dramatically from the sea, connected to the mainland by a causeway. The only entrance to Monemvasia is through an imposing, fortified gate. Explore the narrow cobbled streets of this charming town that clings to a hillside, stealing views across the channel as you go.

RUNNING ON WAVES (B,L,D)

TUESDAY, MAY 24

Gythion / Mystras / Areopolis
From the port of Gythion drive to the ruins of medieval Mystras, a UNESCO World Heritage site perched high atop Mt. Taygetos. Beginning at the Kastro, the walled section, observe the elaborate frescoes and decorative facades that represent the breadth of creativity in art and architecture for which Mystras is known. Enjoy a tasting of locally produced olive oil before traveling through the Mani region. Its inhabitants, known as Maniots, have for centuries remained fiercely independent. Take a walking tour of Areopolis, where the Greek War of Independence began.

RUNNING ON WAVES (B,L,D)

WEDNESDAY, MAY 25

Kalamata / Messene
Dock in Kalamata and drive north to ancient Messene, where ongoing excavations and restoration projects are under way at the expansive archaeological site. Messene’s temples, stadium, theater, nymphaeum, walls, towers, and tombs reveal a legacy of a once vibrant city. Visit the on-site museum that displays extensive finds from the works in progress. Depending on conditions, there may be swimming and/or full-sail opportunities this afternoon.

RUNNING ON WAVES (B,L,D)

THURSDAY, MAY 26

Katakion / Olympia
Depart this morning for Olympia, site of the ancient Olympic Games and a vast complex that was both religious and secular. During the Games the Greek city-states were bound by a truce that forbade hostilities and focused attention strictly on athletic competition. Every two years, the Olympic flame still begins its journey from in front of the Temple of Hera at Olympia.

RUNNING ON WAVES (B,L,D)

FRIDAY, MAY 27

Itea / Delphi / Corinth Canal
Call at Itea for an excursion to the spectacular ruins of Delphi. Located on the slopes of Mt. Parnassus, Delphi was the sanctuary of the influential Delphic Oracle and was considered by the ancient Greeks to be the center of the world. Its stunning setting and awe-inspiring architecture evoke the same reverence today as they did thousands of years ago. Return to the ship and cruise through the dramatic Corinth Canal, whose steep limestone walls soar nearly 300 feet overhead. Enjoy a farewell dinner on board as the ship returns to Athens.

RUNNING ON WAVES (B,L,D)

SATURDAY, MAY 28

Athens (Disembark) / Home
Disembark this morning and transfer to the airport for flights home.

Optional Extension

MAY 17–20, 2016 (PRE-TOUR)

Athens
Explore the Acropolis and the beautiful new Acropolis Museum, the Agora, the National Archaeological Museum, and the Benaki Museum. Extension details and pricing will be sent to confirmed participants or upon request.
Launched in 2011, Running on Waves combines the look of a classic three-masted sailing vessel with contemporary design and state-of-the-art facilities and equipment. She is modern, high-speed, and environmentally friendly, with a High Ocean Class rating that allows her to sail anywhere around the globe. All thirteen sails are deployed hydraulically from the deck by a four-man crew in a ballet-like production. The vessel meets all current SOLAS (Safety of Life at Sea) requirements for navigational and safety equipment. She boasts stabilizers, a bow thruster, a hydraulic stern marina for easy access to the sea, and a sun deck with a Jacuzzi. Much of the deck area is shaded for protection from the sun. Meals are served buffet-style in the dining room, which can accommodate all guests at one seating. In the spirit of private yachting, a full open bar is provided each day: spirits, wine, beer, soft drinks, bottled water, coffee, and tea are complimentary. Each of the ship’s 18 cabins has efficient air-conditioning and heating along with private en suite facilities. The five Main Deck cabins have exterior access and relatively heavy sea doors for safety. Single, double, and triple accommodations are available.

Program Rates (per person)

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<th>CATEGORY</th>
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<tr>
<td>C</td>
<td>$6,995</td>
<td>$11,895</td>
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<tr>
<td>129 SQ. FT., TWO PORTHOLES, UPPER AND LOWER TWIN BEDS, SHOWER</td>
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<td>B</td>
<td>$8,495</td>
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<td>118 SQ. FT., TWO PORTHOLES, DOUBLE BED OR TWO LOWER TWIN BEDS, SHOWER (CABIN 22 HAS TWO LOWER TWIN BEDS AND ONE UPPER TWIN BED)</td>
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<td>A</td>
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<td>129 SQ. FT., TWO PORTHOLES, DOUBLE BED OR TWO LOWER TWIN BEDS AND ONE UPPER TWIN BED, SHOWER</td>
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<tr>
<td>Premium 2</td>
<td>$10,995</td>
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<td>151 SQ. FT., TWO LARGE WINDOWS, 1 SKYLIGHT, DOUBLE BED, SEATING AREA, SHOWER</td>
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<td>Premium 1</td>
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<td>172–194 SQ. FT., ONE OR TWO LARGE WINDOWS, TWO SKYLIGHTS, DOUBLE BED, SEATING AREA, SHOWER</td>
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<tr>
<td>Owner’s Suite</td>
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<tr>
<td>215 SQ. FT., TWO LARGE WINDOWS, TWO SKYLIGHTS, DOUBLE BED, SEATING AREA WITH LARGE SOFA (CAN ACCOMMODATE A THIRD PERSON), SHOWER</td>
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Triple rates for third person in cabin: category B: $5,495; category A: $5,995; Owner’s Suite: $7,995

Double beds measure 71”x51” to 73”x53” and twin beds measure 71”x31.5”

Program Rates Include

All accommodations and meals as specified in the itinerary • All excursions as specified in the itinerary • Full program of briefings, lectures, and presentations • Group transfers for all participants on group arrival and departure days • Baggage handling • Gratuities to porters, waitstaff, guides, and drivers • Gratuities to shipboard personnel • Entrance fees • Welcome and farewell receptions • Full open bar on board Running on Waves—wine, beer, alcoholic beverages, bottled water, soft drinks, coffee, and tea • Bottled water on motorcoaches • Professional tour manager throughout
GENERAL INFORMATION

CANCELLATIONS & REFUNDS

Once CAU sends you your first packet of information, please send post haste the invoice, which specifies the balance of your payment. Final non-refundable payment for reservations made after January 20, 2016 are due within two weeks of booking. Because your payments are 100% nonrefundable, we strongly urge participants to purchase trip cancellation insurance. If the program is cancelled by CAU or Criterion Travel, the tour operator; you will receive a full refund without further obligation on our part. No refunds will be made for any part of this program on which you choose not to participate. Note: Neither CAU nor Criterion Travel accepts liability for any airline cancellation penalty incurred by the purchase of a non-refundable ticket in conjunction with this tour.

WHAT TO EXPECT

The maximum number of participants on this program is 26 (up to 30 if triples are utilized) including travelers from the Santa Barbara Museum of Art and Dartmouth.

AIRFARE

The maximum number of participants on this program is 26 (up to 30 if triples are utilized) including travelers from the Santa Barbara Museum of Art and Dartmouth.

RESERVATIONS & PAYMENTS

To reserve space, return the completed reservation form with your personal $1,000 per person deposit check, made out to Cornell University. Alternatively, you may register with your credit card on line at www.cau.cornell.edu.

NAME #1 (AS IT APPEARS ON PASSPORT)

NAME #2 (AS IT APPEARS ON PASSPORT)

ADDRESS

CITY STATE ZIP

HOME PHONE MOBILE PHONE

EMAIL

PAYMENT

Enclosed is my check for $ ___________________________ ($1,000 per person, made payable to Cornell University) to hold _______ place(s) on Greece: Circumnavigating the Peloponnese study tour program.

ACCOMMODATIONS

Cabin category preference: 1st __________________ 2nd _________________

Bed preference at hotel (not guaranteed):       Two Beds       One bed

CABIN CATEGORY PREFERENCE

ACCOMMODATIONS

Greece: Circumnavigating the Peloponnese

Aboard the sailing yacht Running on Waves

May 19–28, 2016

Please send your deposit check, payable to Cornell University, and this form to: Cornell’s Adult University, B20 Day Hall, Ithaca, NY 14853. Fax: 607.255.9697. Alternatively, you may register with your credit card on line at www.cau.cornell.edu. For questions, please call us at 607.255.6260.

RESPONSIBILITY

Complete Terms & Conditions will be sent to participants upon confirmation and are available to prospective travelers upon request. As a condition of participation, each passenger will be required to sign a Release of Liability, which will be sent along with the Terms & Conditions.

TERMS & CONDITIONS

California Seller of Travel Program CST #208880040

PHOTO CREDITS

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Please return your completed form along with your deposit check, payable to Cornell University, with them as stated herein.

I/We have read the Terms and Conditions section of this brochure and understand and agree with them as stated herein.

SIGNATURE      DATE

I/We have read the Terms and Conditions section of this brochure and understand and agree with them as stated herein.

SIGNATURE      DATE
GREECE
Circumnavigating the Peloponnese

For further information or reservations, please contact CAU at 607-255-6260 (Monday - Friday, 8:30 AM to 4:30 PM, EST) or fax 607-255-9697. E-mail: cauinfo@cornell.edu. Visit www.cau.cornell.edu.