THE ISLAND WORLD OF JAPAN
Including Hong Kong & Taiwan
ABOARD THE DELUXE LE SOLÉAL
March 23, 2016 - April 6, 2016

SPECIAL SAVINGS  See Rates Inside

With Cornell Lecturers
ELLEN AVRIL and JANE-MARIE LAW
Dear CAU Fans and Friends,

Westerners often think of Japan—comprised of four large and hundreds of tiny islands—as homogenous and rigidly defined. Yet The Land of the Rising Sun is a country of contrasts bordering on contradictions. The most traditional of societies, it enthusiastically embraces modernity. Fiercely proud of its artisanal skill in producing exquisite handicrafts, it is perhaps the most technologically advanced civilization on Earth.

During this study cruise, we will explore the many ways that Japan, in fact, enjoys enormous diversity, from its linguistically unique peoples of the Yaeyama Archipelago and Okinawa to the contrast between the ancient temples of Miyazaki and Kumano and the hyper-modern city of Tokyo. The nation’s many religious and artistic traditions reflect that diversity and, equally important, mirror the ways that ideas and artistic techniques from distinct sources also coalesce in striking ways, creating a rich and remarkable civilization.

Illuminating that variety and that fusion are our CAU faculty leaders—Ellen Avril, Chief Curator of Asian Art at Cornell’s Johnson Museum, and Jane-Marie Law, Associate Professor of Japanese Religions and Culture. Jane-Marie and Ellen will also help us to appreciate religious and artistic ideas inspired by the natural and man-made wonders we will see—the endless beaches of Okinawa, iconic Mount Fuji, the castles of Kochi and Shizuoka, the shrines of Shingu, and the hot springs of Shimoda. On our way to the island nation, we will visit Hong Kong and Taiwan and consider too how Japan has drawn upon Chinese influences, crafting them into something culturally unique.

On our beautifully appointed floating hotel, we will enjoy each other’s companionship as a CAU group and also have the chance to mix with other interesting people aboard. Le Soléal will take us in style and comfort to all of these sites. And our visit could not be better timed. In late March and early April, the country’s highly-symbolic sakura, or cherry blossoms, blanket the sites we visit in soft, colorful beauty. Join us on this discovery of the myriad treasures of Japan.

Sincerely,

Cathy

Catherine Sutton Penner
Director
Cornell’s Adult University

P.S. As an extra incentive, we are offering a special savings if you register before September 4, 2015. See the rates section for more details.
FEATURES OF THIS PROGRAM INCLUDE:
• Enriching lectures and discussions by accompanying Cornell faculty
• All accommodations in outside staterooms and suites, 95% of which feature a private balcony
• All shore excursions
• Open bar throughout the cruise with complimentary French wine at lunch and dinner
• Gratuities to shipboard personnel
• Port and embarkation taxes
• Airport/ship/airport transfers at no additional cost
• The ship’s staff of seasoned European officers with extensive experience
• Deluxe hotel accommodations in Hong Kong

OPTIONAL POST-CRUISE EXTENSION IN KYOTO
April 6-9, 2016
Discover Kyoto, the imperial capital of Japan and the center of its economy and culture from the 8th century until the mid-19th century. Known for its temples and shrines, the city is nestled picturesquely amid the Tanba Mountains and still retains an old-world atmosphere. During this three-day optional extension, we will explore Kyoto’s principal monuments including the UNESCO World Heritage site of Kinkaku-ji Temple; Ryoanji Temple, known for its rock garden; the Zen temple of Ginkaku-ji; Nijo Castle; and many other sights.

INCLUDES: Three nights’ accommodation at the deluxe Kyoto Brighton Hotel (or similar) with breakfast daily; transportation from Osaka pier to Kyoto and from Kyoto hotel to airport; two full days and one half day of touring; two lunches; all taxes and service charges.

RATES:
$2,995 per person, double occupancy • Single supplement: $750

CORNELL LECTURERS

Ellen Avril is chief curator of Asian art at Cornell’s Herbert F. Johnson Museum of Art and has curated more than 40 exhibitions at the museum, where she works in close collaboration with faculty in the University’s renowned East Asia Program, South Asia Program, and Southeast Asia Program. In addition to supporting the humanities and fine arts and overseeing museum programs of outreach and education, Dr. Avril also co-teaches semester-long courses.

Jane-Marie Law is associate professor of Japanese religions at Cornell University, where she teaches Japanese history and Buddhism in the Department of Asian Studies. She did her undergraduate work at the University of Colorado and earned a PhD at the University of Chicago. Professor Law serves on the board of directors of Namgyal Monastery Institute of Buddhist Studies in Ithaca, New York, the North American seat of the personal monastery of His Holiness the Dalai Lama. She has also been involved in projects to bring together scholars, social activists, and educators working on issues of religion and human rights.
ITINERARY

Wednesday, March 22
FLY FROM USA

Thursday, March 23
HONG KONG
Arrive in Hong Kong and transfer to the InterContinental Grand Stanford (or similar).

Friday, March 24
HONG KONG | EMBARK
Enjoy a tram ride up Victoria Peak; explore the Aberdeen floating fishing village; and tour the Hong Kong Museum of History. Embark Le Soléal in the evening. (B,L,D)

Saturday, March 25
AT SEA (B,L,D)

Sunday, March 26
KEELUNG, TAIWAN
See the Martyr’s Shrine, dedicated to the 330,000 men who died in the struggle to establish the Republic of China. Explore the National Palace Museum, boasting treasures from every period of China’s 5,000-year history. Visit Chiang Kai-Shek Memorial Hall and discover Lungshan Temple, dedicated in 1738 to the Goddess of Mercy and decorated with stone and wood carvings. (B,L,D)

Monday, March 27
ISHIGAKI, JAPAN
Visit the Yaeyasashi Palm Tree Grove, which grow wild only in the Yaeyama Islands. Continue to Kabira Bay and discover its coral reefs aboard a glass-bottom boat. Learn about Ishigaki’s tradition of weaving at the Minsa Kogeikan Museum. At Yaima-mura Village, explore traditional houses and enjoy live folk music performances. (B,L,D)

Tuesday, March 28
NAHA, OKINAWA
Shuri Castle, a UNESCO World Heritage site, was the administrative center of the Ryuku Kingdom, originally built in the 14th century. Shikinaen Garden is an example of Japanese landscape architecture in a setting of 18th-century buildings. Also visit the Okinawa Prefectural Museum. (B,L,D)

Wednesday, March 29
AT SEA (B,L,D)

Thursday, March 30
ABURATSU
Obi Castle town maintains the form and function of the Edo period. Yoshokan, the former residence of a samurai of the Ito clan who ruled this area, exhibits grand architectural design. Also explore the nearby museum with exhibits relating to the Ito clan, including weapons, armor, clothing, and household items. (B,L,D)

Friday, April 1
KOKI
Visit Kochi Castle, one of only twelve Japanese castles that have survived since the feudal age. The wooden interior appears much as it did when it was built during the Edo Period, and the lookout point from the top floor offers a stunning view. The Buddhist Chukurinji Temple is the site of a garden said to have been designed by the 14th-century Zen monk Musõ Soseki. Also tour the Hometown Museum. (B,L,D)

Saturday, April 2
SHIMIZU
Fujisan Sengen Shrine, located in the foothills of Mt. Fuji, was built over 1,000 years ago. The Inner and Outer Shrines and Tower Gate all date to the early 17th century. The grounds are home to about 500 cherry trees, which may well be in full bloom when we visit. Explore the Hiroshige Museum of Art, featuring wood block prints of artist Hiroshige Utagawa. (B,L,D)

Sunday, April 3
TOKYO
Our full day in Tokyo begins in the Asakusa District, where Nakamise, one of the oldest streets in Japan, leads to Sensoji Temple, first built in 645. The Edo Tokyo Museum tells the story of how the 15th-century village of Edo grew to become one of the world’s largest cities. Explore the Imperial Palace East Garden, part of the compound of Tokugawa Shoguns and Emperor Meiji, and Hamarikyu Garden, rich in flowers and featuring ponds fed by the tides. There is a good chance we will see sakura (cherry blossoms) during our visit. (B,L,D)

Monday, April 4
SHIMODA
Visit Gyokusenji, home of the first foreign consulate in Japan. Continue to Ryosen-ji Temple, where the Treaty of Shimoda was signed. Our primary interest will be Perry Road, a small thoroughfare crisscrossed by picturesque bridges and showcasing the unique Namako-Kabe architectural style. (B,L,D)

Tuesday, April 5
OSAKA | DISEMBARK | FLY TO USA (B)
LE SOLÉAL

You will travel aboard the deluxe, five-star Le Soléal, one of the most beautifully conceived and technologically sophisticated small ships afloat. Designed in France and built in Italy, Le Soléal boasts an elegantly understated aesthetic that one associates with European sensibility and craftsmanship. It is one of four sister ships of the PONANT cruise line, selected as Best Luxury Cruise Line by Cruise Critic's editors in 2014.

LIFE ABOARD
Life aboard the 264-guest Le Soléal is relaxed and refined, capturing the best of the French art of living well. Your comfort and well-being are the special responsibility of the impeccably trained staff, whose discreet yet attentive service has become legendary among seasoned travelers. Our goal is to make you feel as though you are sailing aboard your very own yacht.

REDEFINING REST & RELAXATION
All suites and staterooms face outside and measure from 226 to 581 square feet (including the balcony), and all but eight have a balcony. Features and amenities include a king-size bed or twin beds, mini-bar, safe, individually controlled heat/air-conditioning, flat-screen TV, in-house movies, iPod docking station, wireless Internet access, and telephone. Bathrooms come equipped with a shower (or shower/bathtub), hair dryer, French toiletries, and bathrobes. Laundry services and 24-hour room service are available throughout.

SAFETY, COMFORT & CONVENIENCE
Le Soléal is equipped with the latest communication, navigational, and safety equipment and meets or exceeds USPHS and U.S. Coast Guard rules. It is also outfitted with a technologically advanced stabilizing system to minimize the effects of rough conditions at sea. Three passenger elevators serve all six decks. And public amenities include an outdoor heated pool, lounges, two restaurants, a theater/lecture hall, a well-stocked library, and a full-service salon, steam room, spa, and fitness center.

CUISINE
The quality of food, its preparation, the social experience of a meal are the objects of special care aboard ship. Whether you are enjoying breakfast among friends, a sun-kissed lunch on one of the outside decks, or a delightful dinner in the elegant surroundings of the restaurants, the talented chefs showcase their expertise by bringing out the very best in local flavors. PONANT was selected as an Outstanding Culinary Cruise Line by Saveur magazine in 2014.

RESPECT FOR THE ENVIRONMENT
The health of our planet, and especially its oceans, is a critical concern for us. We have taken care to certify all of our sister ships as "clean ships," employing the most eco-friendly technology available today. As environmentally responsible ship operators, we not only comply with existing regulations; we anticipate new ones. We continually seek to share industry best practices on matters ranging from increasing energy efficiency and reducing greenhouse gas emissions to waste treatment and recycling.
**FARES PER PERSON, DOUBLE OCCUPANCY**

- Superior Stateroom: $10,790
- Deluxe Stateroom: $12,190
- Prestige Stateroom - Deck 4: $12,490
- Prestige Stateroom - Deck 5: $12,690
- Prestige Stateroom - Deck 6: $12,990
- Deluxe Suite: $13,690
- Prestige Suite - Deck 5: $13,990
- Prestige Suite - Deck 6: $14,490

Single Occupancy Supplement: Singles are available in the Prestige Stateroom categories at an additional supplement to the per person, double occupancy fares as follows: $5,800 (Prestige Stateroom – Deck 4), $6,100 (Prestige Stateroom – Deck 5), and $6,600 (Prestige Stateroom – Deck 6). Subject to availability.

**SPECIAL OFFER**
As a special incentive, we are pleased to offer a savings of $1,000 per couple ($500 for solo travelers) when you book this cruise by September 4, 2015. This offer cannot be combined with any other offers.
PROGRAM INCLUSIONS

Included
- 1 night at the InterContinental Grand Standard (or similar) in Hong Kong, prior to embarkation
- 10-night cruise aboard the deluxe Le Soléal
- Welcome and farewell cocktail receptions aboard ship
- Captain’s gala dinner
- All meals aboard ship including early riser’s coffee & pastry, breakfast, lunch, afternoon tea, and dinner
- Open bar aboard ship, including select wines with lunch and dinner
- 24-hour room service (special selection)
- Complete program of tours and excursions ashore
- Enrichment program of lectures and discussions led by Ellen Avril and Jane-Marie Law
- Professional cruise staff
- Comprehensive pre-departure materials
- Baggage handling and airport transfers abroad on the designated program arrival and departure dates
- Port taxes and charges
- Gratuities to shipboard personnel, porters, guides, and drivers

Not Included
- Airfare
- Airport taxes
- Passport and visa fees and/or immigration reciprocity taxes (if applicable)
- Trip cancellation and baggage insurance
- Medical and repatriation insurance
- Meals and beverages other than those specified above
- Personal expenses (such as telephone, Internet, laundry service, hair salon services, à la carte spa treatments, etc.)
- Gratuities to shipboard personnel, unless it is proved that the carrier has infringed statutory obligations

TERMS & CONDITIONS

Compagnie du PONANT, PONANT Group USA, LLC, and PONANT USA, LLC are hereafter collectively referred to as “PONANT GROUP”. Please read carefully the following terms and conditions, which constitute the sole, legally enforceable agreements between the passenger and PONANT GROUP and the tour’s sponsoring organization.

PAYMENT SCHEDULE: In order to secure a booking, the guest is required to pay $2,000 per person. Final payment is due on December 7, 2015. Checks and credit cards are accepted.

CANCELLATION, MODIFICATION PENALTIES & REFUNDS: All cancellations or modifications must be in writing. Any and all guests not reporting for departure or prevented from reporting for departure or waiving for any reason whatsoever the benefit of services included in the program cannot claim any refund. PONANT GROUP shall be held responsible for any costs, fees, damages or causes of action which result from the transportation expenses incurred by guest’s early departure.

For any deposited or fully paid booking, cancellation penalties will be assessed as noted below. These cancellation penalties are applicable on all services booked with PONANT GROUP.
- From confirmation of booking date up to 91 days prior departure: $1,000 per person fee
- 90-61 days prior departure: 50% of full fare
- Within 60 days prior to departure: 100% of full fare

TRAVEL INSURANCE: Passengers shall be responsible for subscribing to cancellation/luggage/assistance/repatriation/medical insurance(s).

ITINERARY: PONANT GROUP reserves the right to withdraw and/or cancel a sailing to make changes in the itinerary whenever, in its sole judgment, or in the judgment of the vessel owner or operator, conditions warrant it. PONANT GROUP shall not be required to refund any monies to any guests who must leave the cruise prematurely for any reason, nor shall PONANT GROUP be held responsible for any costs, fees, damages or causes of action which result from the transportation expenses incurred by guest’s early departure.

TRADE INSURANCE: PONANT GROUP reserves the right within the legal limits of applicable laws to vary the prices if necessary. All variation of the cost of transport, fuel, taxes, dues and visa costs will be passed on within the voyage cost. Additionally, any surcharge levied will be increased to include an amount to cover agent’s commission. Any change in fare cannot be imposed less than 60 days prior to departure. For the cruises per rate, daily surcharge, if any, will be calculated based on:

\[ S = \text{fuel variation} \times \text{daily consumption} \]

Ship capacity ***

**1**: MGO FOB Rotterdam 0,1% in US$  
**2**: L’AUSTRAL, LE BOREAL, LE LYRIAL, LE SOLEAL: 201  
**3**: L’AUSTRAL, LE BOREAL, LE SOLEAL, LE LYRIAL: 244 passengers

JURISDICTION:
These terms & conditions are subject to and interpreted according to International regulations and concern the transportation of passengers and their luggage from the time of boarding the ship to the moment of disembarking, as well as at ports of departure, destination, or stopover. PONANT GROUP shall incur no liability outside this period of time. Without prejudice to required legal regulations, any actions related either to the interpretation, or execution of this agreement shall be brought before the competent courts of Marseille, France.

PONANT GROUP is not responsible for omissions, printing and/or presentation errors and reserves the right to make corrections as required.

SHIPS’ REGISTRY: France  
FL Seller of Travel Ref No ST37706  
CA Seller of Travel Ref No 2120712-40
THE ISLAND WORLD OF JAPAN
Including Hong Kong & Taiwan

With Cornell Lecturers ELLEN AVRIL and JANE-MARIE LAW

ABOARD THE DELUXE LE SOLÉAL
March 23 - April 6, 2016

For further information or reservations, please contact CAU at 607-255-6260
(Monday - Friday, 8:30 AM to 4:30 PM, EST).
Fax: 607-255-9697
E-mail: cauinfo@cornell.edu
www.cau.cornell.edu